

# Skills

**8** Recommended  
8th Grade

 Length  
**85 Minutes**

## About This Lesson

To explore how skills can be developed and transferred to careers, students will reflect on the skills they are already practicing, identify those they desire to use in the future, and analyze how skills they develop in various contexts are transferable to the workplace.

## Learning Objectives

By the end of this lesson, students will:

- explore the skills required to perform various activities
- investigate the link between their skills and career goals
- explain how transferable skills are developed through their school, extracurricular, and/or community experiences
- analyze how they contribute to their readiness for future educational, life, and work opportunities and to their career development

## Driving Question

What skills will I need to work in the jobs of the future?

## Future-Ready Skills

Self-knowledge

Self-confidence

Self-efficacy

## Lesson Breakdown

**15**  
minutes

### Activity 1 - Update My Skills

Direct students to review their **Skills** section on their **About Me** profile. Have them use this time to explore all the 6 **Skills Categories** and add any skills they are currently working on and they have attained to some degree. Rate each skill based on their self-determined attainment level: 1 star (beginner), 2 stars (rising star), or 3 stars (master). Work with your students to further define these levels.

**30**  
minutes

### Activity 2 - Xello Lesson: Skills

Direct students to complete the Xello lesson titled **Skills**, where students will explore the skills required to perform various activities, as well as the link between their skills and career goals.

## Xello Entry Point

Before starting this lesson students need to save 3 careers and be familiar with their **About Me** profile. It is also recommended they have completed all 3 phases of the **Matchmaker** interest assessment (**Matchmaker**, **Personality Styles**, and **Mission Complete**).

## Vocabulary

- Transferable skills
- Skill building
- Practice
- Skill attainment

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## **Activity 3 - Transferable Skills**

In this activity, students will take a closer look at the skills required for 3 careers of interest, reflect on the ways they are practicing their desired skills, and identify ways to develop new or transferable skills.

10  
minutes

## **Optional Activity - Interest Share Part 2**

Build on the Interest Share spreadsheet started in Activity 4 from the Interests supplementary lesson. Add a new column to the spreadsheet called “Transferable Skills” and have students add associated skills required or practised for the listed activities to reveal opportunities for further skill exploration and development.

## Activity 3 - Transferable Skills



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30 Minutes

### Inquiry Prompts

- How am I currently practicing my desired skills?
- How can I continue to improve my desired skills?

### Teaching Strategies

In this activity, students will reflect on the ways they are practicing their desired skills and identify within 3 careers of interest the skills they desire to improve.

- 1 Provide the [instructions](#) on the next page to your students.

### Materials Required

- [Student Instructions](#)
- Computer or tablet with internet access
- Optional: Collaborative spreadsheet (ie. Google Sheets)

### Artifacts

For 3 saved careers, students will identify skills they are practicing today and skills they'd like to develop further as a way to demonstrate their understanding of transferable skills.

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## Transferable Skills

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### Student Instructions

How do your current experiences help you prepare for career related skills? The various roles you play in your life require you to perform various tasks that require certain skills. Whether you are collaborating on a group project for school or caring for a family member at home, every responsibility you have requires you to perform particular skills. Many skills you are using and developing today will transfer to other future experiences, including your career. Complete the following for 3 saved careers:

- 1 At the top of the profile, choose an emoji to indicate how you feel about this career.
- 2 Take a look at the skills used by reviewing them within the **Find out why** area of the career profile. Note down 1 skill you are actively practicing today and 1 you desire to work on more.
- 3 Within the **My Notes** section at the top of the career profile, record reflections for these 2 skills:
  - Explain how you are practising one skill today, and how you think it could transfer to this career.
  - Identify one skill you'd like to develop further, and explain one type of opportunity you could pursue to explore and develop this skill.