

Skills Lab

Student Instructions

Your preference to use certain skills over others may help you discover careers that you have not considered before. If you're interested in using a skill always or often in your career, you'll want to make sure that skill is used in your career journey.

- 1 From your Xello **About Me** page, complete the **Skills Lab** assessment to determine your level of desire to use 35 different skills in your career.
- 2 After completing the **Skills Lab** assessment, review your results. Which skills do you want to use always or often? And which skills do you rarely or never want to use?
 - Add the top 3-5 skills that you want to use always or often to your **About Me Skills** section. Rate each skill (1 star = beginner, 2 stars = rising star, or 3 stars = master). Although you want to use these skills always or often it doesn't mean you are a master of them now. You still have lots of time to develop these skills further.
- 3 Which careers share a similar skill set to those you desire to use? From **Explore Careers** in Xello, use the **Skills Lab** filter to order the list of career matches based on your Skill Lab answers. Do any results surprise you? Remember you can always **Hide** a career from your match results, if it does not align with your personal values, future aspirations, or lifestyle goals.
- 4 Explore some career profiles with the intention to save at least 3 you'd consider as possibilities for yourself. Within each profile think about the following:
 - **Find out why** the career has been assigned the match level (excellent, good, fair, or poor) by clicking on this option at the top of the profile. Review the overall match calculation and confirm your Matchmaker and Skills Lab answers accurately reflect your likes, dislikes, and preferences.
 - Does the career projection favour well? If not, what factors might be impacting this outlook and how might you need to differentiate yourself within a competitive job market?
 - Do the core tasks and workplace description align with your interests and values?
 - Is your personality style well-suited for this career?
 - Does the mid-range salary meet your lifestyle goals?
- 5 After saving at least 3 careers, within each profile update how you feel about each career, and add why you think you like a particular skill within each career in the **Likes and Dislikes** investigate card.