

My career bucket list



Unit
What I want for myself



Length:
135 minutes

About this assessment task

Students will create a career bucket list of skills, interests, values, and lifestyle circumstances they aspire to accomplish in their future careers. For each item on their bucket list, students will explain the factors that may be influencing their career pathway decisions, reflect on the effectiveness of strategies they have used to explore them so far, and suggest how they can start working towards their career aspirations while still in school.

Learning objectives

By the end of this task, students will:

- define aspirations, skills, interests, values, and lifestyle circumstances they hope to accomplish in their careers
- explain the factors that may be influencing their career pathway decisions
- reflect on prior experiences that have helped them in the process of developing and revising their goals
- suggest how they can start working towards their career aspirations while still in school

Driving question

What do I want to accomplish in my future career?

Future-ready skills

Goal setting

Evaluating

Reflecting

Organization

Xello entry point	Artifacts
<p>In order for students to be successful in this assessment task students should complete all 7 lessons in the <i>What I want for myself</i> unit, which includes the following Xello interactive lessons:</p> <ol style="list-style-type: none"> 1. Exploring career factors 2. Biases and career choices 3. Work values 4. Entrepreneurial skills 5. Career path choices 6. Career backup plans 7. Defining success 	<p>Students will produce their career bucket list in a format of their choice and submit it to the Assignment on Xello.</p>

Assessed expectations: Ontario career studies

A2.2 reflect on and document the process of developing and revising goals, commenting on the effectiveness of the strategies they have used in the process and identifying areas where more work may be needed

B2.2 identify factors and conditions other than an individual's strengths, interests, and needs that inform education and career/life choices, and explain which of these factors may be influencing their own decisions

B3.1 use a research process to identify and compare a few post-secondary options that suit their aspirations, skills, interests, values, and personal circumstances

C1.1 select and organize information related to the post-secondary options that best suit their specific interests, values, strengths, and aspirations to refine their goal(s) for their first post-secondary year

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Teaching strategies

- 1 Create an **Assignment** on Xello with the student [Instructions](#) and assessment Checkbric as a place for students to upload and submit their **Career bucket list**.
- 2 As a class define "career bucket list"
 - What is it?
 - What purpose does it serve?
 - What are a few examples of career accomplishments?
- 3 Review the student-friendly checkrubric assessment tools as a class:
 - Describe the success criteria in more detail or show exemplars to demonstrate what "meeting expectations" entails
 - Spend time brainstorming appropriate ways to present their bucket list
 - Discuss what below expectations or exceeding expectations might look like
- 4 Monitor your students' **Assignment** submissions in Xello.

Materials required

- Computers or tablets with internet access
- [Student instructions](#)
- [Unit 3 Assessment checkbric](#)

Vocabulary

- Career factors
- Aspirations
- Values
- Skills
- Interests
- Motivators

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Student instructions

As you've learned over the course so far, a career is much more than a job. You now understand your career will impact all aspects of your life; so knowing what's important to you and identifying key influencing factors can help you navigate your pathway to success.

For this assignment you will be thinking long term in order to help you make short term decisions. By creating a bucket list for your future career you will be defining what you want for yourself, which can serve as the foundation for all that you'll do. Instead of waiting for what your career may bring you, create a list you want to accomplish and get started while you're still in school.

- 1 Begin by creating a bucket list of 5-8 career aspirations. You may want to ask yourself:
 - What will motivate me to do great work?
 - What will keep me engaged to grow in my career?
 - What do I want to collect more than a paycheck?
 - What do I need in order to look forward to Mondays?
- 2 For each bucket list item:
 - **Define** the item by outlining what it means to you. For example, if you said you know you want to use the skill of speaking in your career, how will you know you've been successful in doing that? Maybe you could aim to speak at a conference where you will share your expertise in your career field.
 - **Explain** factors that influenced you to add this item to your bucket list.
 - **Reflect** on one way you've explored this item. What past experience has helped you understand its importance? Why was this a positive experience?
 - **Suggest** how you can start or continue working towards this item while you're still in school.
- 3 Produce your bucket list (including all parts of step 2) in a format that makes sense to you. Consider creating something that will hold you accountable and inspire you to reach its full potential.
- 4 Upload and submit your **Career bucket list** to the **Assignment** on Xello.