

# Dpad: About me



Length:  
15-20 minutes

## Objectives

By the end of this lesson, students will:

- Be able to explain how reflection can help them understand themselves better.
- Understand that it is normal to change while getting older.

## Inquiry prompts

- How can answering questions about myself help me understand who I am?
- How have my likes, dislikes, and interests changed over time?

## Before you begin

1. Important: Students should complete at least two Career Town locations before beginning this activity. Students answer their first **My Profile** question after creating their detective profile for the first time. Additional questions will not show in a student's **Dpad** until they have completed locations. Review the **Reports on Lesson Progress** in your educator account to check which locations your students have completed.
2. Ensure you can access your **Dpad** in your demo student account and can project your screen for your students to see. For this activity, it's ideal to have completed all 6 Locations so you can model any question your students may see. The 10 **My Profile** questions are randomized for every student:
  1. What do you like to do for fun?
  2. How many people are in your family?
  3. How do you help out at home?
  4. What do you like about school?
  5. What's your favourite color?
  6. What are you good at?
  7. What new activity would you like to do?
  8. How would other people describe you?
  9. What are you most proud of?
  10. What is special about you?
3. Decide whether to take discussion/brainstorming notes with your class via a slide deck and projector for students to view, or on a whiteboard in the physical classroom.
4. NOTE: This activity can be done any time once students have completed Career Town locations and answered reflection questions, but is ideal to complete at the beginning of the school year in grades 1 or 2 so that they can revisit their answers from the previous school year and reflect on what may have changed.

## Teaching strategies

- 1 Pose the following discussion prompt to students: Think about a time when

## Materials required

- Computers or tablets with Internet access
- Whiteboard and whiteboard markers, Smartboard, or projector

## Artifacts

Students take part in a classroom discussion about changing their mind.

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you changed your mind about something. Give them a few minutes to consider the prompt and their answers.

- 2 Discuss the prompt as a class. Write down examples where students can see them.
- 3 Log in to your demo student account, access your **Dpad**, and project it for students to see. If you would like students to follow along in their **Dpad**, assist them in logging in to their own accounts and accessing their **Dpad**.
- 4 Select the **About Me** icon on the **Dpad** screen, then click on **My Profile**.
- 5 Click on one of the questions you have answered. Read the question as well as your answer as a class.
- 6 Tell the class whether your answer to this question is the same as when you first answered it, or if you would like to change your response.
- 7 Repeat this process with one more question. It's helpful to model changing your answer to at least one or two questions. Discuss why you changed your answer with the class.
- 8 Give students about 10 minutes to read through and listen to the questions and their responses, and to decide whether any of their answers should be updated. Help students fill out their answers as needed.
- 9 As a class, consider the following question: Did you change your answer to any of your questions? Why or why not? Ask for a few volunteers to share their answers.