

Flip Your Thinking - Cards



FIXED

I give up.

GROWTH

I'll try something new until I get it.

FIXED

I'm no good at this.

GROWTH

I'm not good at this yet, but I'm going to keep trying.

FIXED

I'm going to screw this up.

GROWTH

Mistakes help me learn.

FIXED

I know everything there is to know about this.

GROWTH

I know a lot about this, but I'm always open to learning more.

Name: _____

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FIXED

I'll never be as smart as that other person.

GROWTH

I'm in charge of how much I learn. I'll ask the other person for help

FIXED

This is good enough.

GROWTH

This might not be my best work. I'll keep trying to make it better

FIXED

This is too hard.

GROWTH

This is tough, but I'm willing to put in the time and effort to work on it.

FIXED

Science is not my thing.

GROWTH

I'll work until I train my brain to think scientifically.

Name: _____