

Interests



Recommended
3rd grade



Length
40-90 minutes

About this lesson

In this lesson, students explore the importance of interests and the link between interests and activities they can do now and when they're adults. They also have the chance to reflect on one of their interests.

Learning objectives

By the end of this lesson, students will:

- Define interests and understand how the things they like can help define who they are
- Explore the link between interests and various activities
- Reflect on their own interests and favourite things
- Interview someone they know about their own interests to appreciate people's differences

Driving question

What if you lost all of your interests?

Future-ready skills

Self-awareness

Respecting differences

Lesson breakdown

20-30
minutes

Activity 1 - Mission: Interests

Direct students to complete **Mission: Interests**, where they will consider what it would mean if they lost all their interests.

20-60
minutes

[In-real-life mission: Become a talk show host!](#)

In this extension activity, students interview someone they know about their interests. They can use the handout to record their findings, or create a video, audio recording, or photo collage of their mission. They then upload the artefact to **Storyboard**, and reflect on what they learned.

Xello entry points

Students will save 3 interests before beginning **Mission: Interests**. As part of the extension activity, students will upload their handout or interview to **Storyboard** and reflect on what they learned about the topic and themselves.

Vocabulary

- Interests
- Hobby
- Pastime
- Curious

Student handouts

Click the link below to open the handout in Google Docs. Click **File** and **Make a copy** to save it to your own Google Drive. Now you can make your changes to the handout before sharing with students! Or, under **File**, click **Download** so you can begin sharing the PDF, as is.

[Copy student handout](#)

