

# My interests

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## Student instructions

What are your interests? Do you have interests you have yet to explore? Exploring your interests is the only way you can truly find a new passion and build your curiosity. Finding your own interests helps you build your creativity, become more independent, and enhance your decision-making skills.

- 1 In your Xello **About Me** profile, document your current **Interests** (at least 5). Explore the **Interests categories** and add those you are curious about. It's okay if you haven't explored them yet.
- 2 Review a few saved careers. Do these careers demonstrate any interests you should document in your own Xello profile? For example, if you have an interest in the Director career, you may want to add Filmmaking or Films to your **Interests** section found within the **Arts & culture** interest category.
- 3 Proceed to the next activity: complete the Xello lesson titled **Interests**.