

My Experiences



Length

10-15 minutes

About this lesson

Students will make connections between their experiences, interests and work-related skills.

Learning objectives

By the end of this lesson, students will

- share their own definition of “Experience”
- identify one of their work, volunteer, education, or life experiences and add to their **Experiences** on Xello
- make connections between their experiences and interests
- reflect on how their experiences can help them develop work-related skills

Inquiry prompts

- What’s an experience I’ve had that helped me develop a work-related skill?

Before you begin

1. Ensure that you are able to log into your student demo account in Xello.
2. Ensure that students are able to log into their accounts and access **About me**.
3. Decide whether to take discussion notes with your class via a slide deck and project for students to view, or on a whiteboard in the physical classroom.
4. Create a Xello **Assignment**. This is where students will submit their reflections at the end of the lesson.

Teaching strategies

- 1 As a class, define “Experience.” Allow students to share their personal definitions of the word before discussing as a class and agreeing on a definition.
- 2 Ask students to write down a work, volunteer, education, or life experience that they plan to add to their **Experiences** timeline. Have them take a few minutes to brainstorm what skills or interests this experience helped them develop. Have a few students share their experiences with the class.
- 3 In your student demo account, model going to your **About me** page and adding an **Experience**. Take a few minutes to explain why you chose this experience.
- 4 Allow students time to log in to their accounts and add their own **Experiences**.
- 5 Have students reflect on the following question in their Xello **Assignment**:
 - How can my experiences help me develop work-related skills?

Materials required

- Computers or tablets with Internet access
- Whiteboard and whiteboard markers (optional)

Outcomes

Students:

- save at least three **Experiences**
- reflect on skills developed through past experiences