

# My Learning Styles



Length:  
15-20 minutes

## About this lesson

To introduce the concept of learning styles and how knowing the different ways you learn best can be helpful.

## Learning objectives

By the end of this lesson students will:

- reflect on different learning methods
- consider their own preferences when it comes to learning styles
- complete the **Learning Style** quiz on Xello

## Inquiry prompts

- How will knowing my learning style help me?

## Before you begin

1. Ensure that you are able to log into your student demo account in Xello.
2. Ensure that students are able to log into their accounts and access **About me**.
3. Decide whether to share directions and take discussion notes with your class via a slide deck and project for students to view, or on a whiteboard in the physical classroom.
4. Create a Xello **Assignment**. This is where students will submit their reflections at the end of the activity.

## Teaching strategies

- 1 Before directing your students to complete the **Learning Style** quiz in Xello, engage your class in a discussion about learning styles. You may want to ask your students:
  - How do you learn something new?
  - Think about a time you learned something new. What helped you to learn the concept or skill? Do you think everyone learned it in the same way you did?

A	B	C
<ul style="list-style-type: none"><li>• Read about a topic online</li><li>• Look at pictures and diagrams</li><li>• Highlight facts in your textbook</li><li>• Limit distracting clutter</li></ul>	<ul style="list-style-type: none"><li>• Participate in class discussions</li><li>• Read study materials out loud</li><li>• Listen to a speaker in the topic</li><li>• Limit distracting noises</li></ul>	<ul style="list-style-type: none"><li>• Practice a new activity</li><li>• Build a model</li><li>• Act out what you're learning</li><li>• Take exercise breaks when studying</li></ul>

## Materials required

- Computers or tablets with Internet access
- Whiteboard and whiteboard markers (optional)

## Artifacts

Students:

- complete their **Learning Style** quiz on Xello
- reflect on their learning style in a Xello **Assignment**

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- 2 **NOTE:** Do not share the learning style types until step 4.
  - A = Visual (watching and reading)
  - B = Auditory (listening and speaking)
  - C = Tactile (hands-on and physical activity)
- 3 Then ask your students:
  - Which list(s) best describes the way you learned the new skill or concept?
  - Is there a time you used a learning method from one of the other lists?
  - Why do you think a different learning method was helpful in that circumstance?
- 4 Finally, ask your students to identify how they think the learning methods are grouped in 3 different lists. Help them to see that when we're learning something new, studying for a test, or working in class we all need different strategies and methods to help us be successful
- 5 Direct students to complete the **Learning Style** quiz on Xello.
- 6 Once students have finished the quiz, have them reflect on the following question in the Xello **Assignment**:
  - How might it be beneficial for me to know my learning style?