

Introduction to About Me



Length
40-50 Minutes

Inquiry Prompts

- How can understanding myself shape how I think about the future?

Before You Begin

1. Ensure that you are able to log into your student demo account on Xello.
2. Ensure that students are able to log into their accounts and access **About Me**.
3. Decide whether to take discussion notes with your class via a slide deck and project for students to view, or on a whiteboard in the physical classroom.
4. Create a Xello **Assignment**. This is where students will submit their reflections at the end of class.
5. NOTE: Students will likely revisit this lesson each year. If this is not their first time completing this lesson, they should add to or update the **Achievements, Skills, and Interests** on their profiles to reflect their evolving personalities and achievements.

Teaching Strategies

- 1 Start by asking students the following question: What are the most important things to know about you? Allow students five minutes to reflect on this question and take notes. Ask a few students to share their responses.
- 2 In your student demo account, model uploading a profile picture or cover photo. Then model adding a **Skill, Interest, or Achievement** in **About Me**.
- 3 Direct students to log in to their Xello account and click on the **About Me** card.
- 4 Tell students that they will need to complete the following tasks (it might be helpful to display these):
 - Upload a profile picture and cover photo.
 - Add or update at least 1 **Interest**.
 - Add or update at least 1 **Skill**.
 - Add or update at least 1 **Achievement**.
- 5 Allow students 10-20 minutes to complete tasks. After you model the first, work through it along with students. After each task, allow students time to complete tasks for themselves while you offer assistance.
- 6 At the end of the activity, have students respond to the following question in the Xello **Assignment**:
 - How can understanding yourself shape how you think about the future?

Materials Required

- Computers or tablets with Internet access
- Whiteboard and whiteboard markers (optional)

Artifacts

Students

- personalize their **About Me** with an avatar and a background photo
- add or update at least 1 **Interest**
- add or update at least 1 **Skill**
- add or update at least 1 **Achievement**
- reflect on how understanding themselves shapes their future in a Xello **Assignment**